

Sports Together Program (2026-2027)

Rules and Regulations for Swimming

Swimmers must bring their swimming essentials such as swimsuits (must be long sleeve & Full-Length Leggings), goggles, and swim caps.

Valuable items such as jewelry, money, or other expensive belongings are not allowed. If brought voluntarily and lost or damaged, the responsibility lies solely with the owner; the school will not be held accountable.

All participants must follow the instructions and accept the (officials) referee's decisions.

Players must be attended strictly according to the scheduled start and end times.

Players are requested to wait only in the designated area.

Student cards must be brought without fail during sessions.

If students are unwell, have a fever, have a contagious disease, or have any health condition that may affect their safe participation in swimming matches, they must inform the coach before starting the match.

Swimmers must not enter or leave the swimming pool without the (officials) referee's permission.

Any speech, behavior, or conduct unrelated to the school environment will not be permitted during the match or waiting times.

Team Structure

Teams: Four teams – I, L, B, C

(Boys 4 teams and Girls 4 teams),

Total Teams: 8 Teams,

Competition Format

Swimming Styles ((Individual Rounds): Freestyle, Backstroke, Breaststroke and Butterfly,

Each team fields one swimmer per style in the individual rounds.,

Scoring System

Individual Rounds: Relay Round: Same scoring system applies.,

1st Place → 3 points,

2nd Place → 2 points,

3rd Place → 1 point,

Overall, Winner: Team with the highest total points across all rounds.,

Officials & Roles

Starter: Responsible for beginning each race.,

Match Commissioner: Oversees the competition and ensures fairness.,

Chief Judges: One per lane (4 lanes total). Judges confirm race results.